

## Safe and Warm This Winter

We want to stay warm, but we need to stay safe.

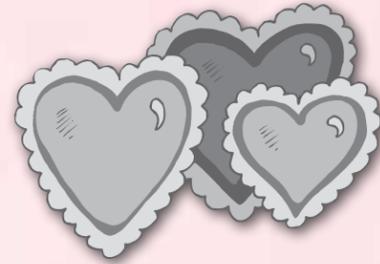
- Space Heaters – Keep at least three feet away from any other object and place them on level, flat surfaces – never on cabinets, tables, furniture or carpet. Plug them directly into a wall outlet – do not use an extension cord or power strip.
- Never leave candles unattended.
- Rolled-up blankets or towels placed at the base of any exterior door can help keep cold drafts from entering.
- During extremely cold days and nights, let your faucets run at a slow drip.
- Adding a window insulation shrink wrap kit is a good way to reduce your electric bill and keep your home warm.

## THOSE PESKY HOUSEHOLD PESTS

Although we offer pest control in our community, you can do your part to make sure they steer clear of your home. Please do not leave food lying around inside or outside. Make sure trash is disposed of daily and take it to the dumpster. Do not leave any trash outside your door or patio/balcony.

## UTILITY CLOSET

No matter how much storage space you have, everyone always wants more. Please remember that the HVAC and water heater closet should not be used for storage. This space needs to be easily accessible for repairs and maintenance. Most importantly, it can be hazardous. Because of the conditions found in that closet, many household items that one would expect to find in such a closet (cleaning chemicals, rags, etc.) could be dangerous to you and your home. Please find another place to store your items. Visit your local home improvement store for a variety of storage and organization options to let you store even more stuff in your home. Thanks for your cooperation.



February 2019

### STAFF

**Abby Cissell**  
District Manager  
502-425-5497

**Angela Cunningham**  
Property Manager

**Joel Warner**  
Assistant Manager

**Amia Fore**  
**Toni Maddox**  
**Morgan Wimberg**  
Leasing Consultants

**Kris Brown**  
Maintenance Supervisor

**Tim Brockman**  
**Patrick Moore**  
**David Willis**  
Maintenance Technicians

**Trevor Clark**  
Courtesy Officer

**Cody Fulkerson**  
**Jordan Fry**  
**Hunter Frazier**  
Lifeguards

### OFFICE HOURS

**Monday-Friday**  
9:00am - 5:30pm

**Saturday**  
10:00am - 5:00pm

**Sunday**  
12:00 - 5:00 pm

### POOL HOURS

**Front Pool**  
10:00am - 10:00pm

*Cypress Pointe*  
**CYPRESS POINTE**

425 S. Hubbard • Louisville, KY 40207  
502-893-5632 • fax 502-893-5696

## YOU MADE US LOVE YOU

You, our residents, give us countless reasons to appreciate you, and here are just a few:

- Paying your rent on time and obeying community policies.
- Being courteous by keeping the volume on music and televisions at a level that only you will hear them.
- Parking vehicles, when you have more than one, in spaces that are farther away from the entrance to the building.
- Picking up litter around your home, even if you didn't put it there.
- Promptly removing your laundry from the machines.
- Offering a friendly greeting and smile to your neighbors each time you see them.
- Keeping trash in its proper place, not outside your door.
- Driving through the community slowly and carefully.
- Taking time to get to know your neighbors.

## Looking Good!

Please keep our community looking good by keeping your patio or balcony free of anything other than patio furniture and plants. Please do not hang laundry, rugs, towels, etc. on your patio. Also, please remember that breezeways are not the place for bikes, toys or other personal belongings. Please keep these items inside your home. If you are in need of extra storage space, please call or stop by the office and we can refer you to several storage services in the neighborhood.

## VALENTINE TRADITIONS

Each year on February 14 we celebrate Valentine's Day. Cards are sent to friends and sweethearts, gifts are given to show our love, and flower shops sell more flowers on this day than almost any other day of the year.

The symbols that you see on cards and gifts during this time of the year have been around for centuries. Red hearts are used most often and have stood for love since ancient times. Ribbons are taken from the days when ladies gave a ribbon to their favorite knight in shining armor before he went into battle. You find lace decorating cards and boxes of candy. Lace is a Latin word that means "to catch," so lace was supposed to catch the heart of a loved one. And Cupid, the Roman god of love, uses his bow and arrows (which he always carries) to shoot love into people's hearts.

This month as we celebrate this holiday of love, take the time to tell someone special that you care.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					RENT DUE	
					1	2
3	4	5	RENT LATE No Personal Checks After the 5th	6	7	8
10	11	12	All accounts turned over to the attorney	Valentine's Day	14	15
17	18 Presidents Day	19	20	21	22	23
24	25	26	27	28		

FEBRUARY





## LOVE FOODS FOR

## Valentine's Day

Here's a list of five Valentine's Day foods that you'll enjoy with the one you love!

- Avocados boost the immune system with B vitamins and potassium. Check out baked avocados as an appetizer.
- Long associated with love and fertility, figs make a fruit platter look decadent and delicious!
- Oysters anyone? This classic aphrodisiac is packed with zinc, a mineral that increases libido. How about a dozen oysters to start your meal? Or create your own oyster stew with spices, sautéed onion, garlic, parsley, milk and oysters. Have those oyster crackers ready!
- Honey contains the mineral boron, which helps a body utilize estrogen and improves testosterone levels. How about a glaze of honey, lemon juice and water over your chicken thighs as you're pan cooking. Pair it with some zucchini slices (cooked lightly) and you're set.
- Chocolate helps release the love chemical that induces feelings of attraction and happiness. End your meal with a chocolate fondue or a rich chocolate tart.

LEWIS LETTERWORKS

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## February Fun

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

- 01 NATIONAL WEAR RED DAY
- 02 GROUNDHOG DAY
- 03 SUPER BOWL
- 14 VALENTINE'S DAY
- 18 PRESIDENT'S DAY

## FEBRUARY CELEBRATES BLACK HISTORY

What can we learn from celebrating Black History Month? President Gerald R. Ford expanded the week-long celebration into a month-long recognition, asking us to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every endeavor throughout our history."

Black History Month honors those leaders who fought for equality; helps us remember our past and the men and women who sweated, bled and died for their rights; and it gives all of us knowledge of pioneers of which we might have had little awareness. Let this knowledge unite us together as we learn about one another!

## Saying "I Love You"

Whether it's your better half, your kids or a best friend, Valentines can be a fun celebration!

What's better for your kids than waking up to heart-shaped pancakes? Prepare and freeze ahead of time to make your morning run smoothly.

Who doesn't love cards? Especially kids valentine cards? Treat your co-workers and neighbors to your favorite collection. Add some candy hearts or suckers for more fun.

Have a girls night out and save money by doing your own spa treatments. Give your own pedicures and manicures. Then settle in and watch a favorite movie.

Pay it forward this Valentines. Purchase someone's food behind you in the drive-thru line. Hand out a couple of \$5 gift cards to someone deserving.

Host a potluck dinner party with friends. It's a great way to hang out all together. Sit by someone you don't know as well to make "new" friends.

As a family, check out Valentine's book suggestions from your library. Then create your own story time at home—maybe even working on a craft centered around one of your books.



## MATCH THE President WITH THE CORRECT STATEMENT:



- \_\_\_ The first President to hold a press conference on television.
- \_\_\_ Got up at 5 am every morning to practice the piano for two hours.
- \_\_\_ Refused an honorary degree from Oxford University because he felt he had "neither literary nor scientific attainment."
- \_\_\_ Served the shortest presidency, dying just 32 days after elected.
- \_\_\_ Gave his 3,319 word inaugural address from memory, without the aid of notes.
- \_\_\_ The only President who never married.
- \_\_\_ Before becoming a politician, he taught school in Texas.
- \_\_\_ At age 19, became the youngest pilot in the Navy. He also survived four plane crashes during WWII.
- \_\_\_ The only President employed as a Yellowstone Park Ranger.
- \_\_\_ Lost all the White House china gambling.
- \_\_\_ Collects Spiderman and Conan the Barbarian comic books.

1-11 | 12-20 | 21-30 | 31-40 | 41-50 | 51-60 | 61-70 | 71-80 | 81-90 | 91-100

## COLORFUL JELLO POPCORN

- 3 T. honey
- 1/2 stick butter
- 1 box Jello mix, any flavor (for Valentine's Day - use strawberry)
- 1/2 C. sugar
- 2 - 3 bags of microwave popcorn plain or lightly salted

Cook popcorn in microwave and set aside. Preheat oven to 300 degrees. In a saucepan over medium heat, combine the butter and honey. Stir until melted. Add in the sugar and Jello packet and simmer for about 5 minutes (stirring constantly so it will not stick or burn). Pour the mixture over the popcorn and gently mix until the color is dispersed evenly. Spread the popcorn onto a parchment lined baking sheet and bake for 10 minutes. Cool. (Popcorn may be sticky at first). Break popcorn up and enjoy!

### Go Red for Women

Know your numbers, know your body and wear red for women! Take time to educate yourself on how you can change your lifestyle to make sure you don't suffer from heart issues. And if you think you might have heart issues, consult your physician.

"The one thing we can never get enough of is *love*. And the one thing we never give enough is *love*."

HENRY MILLER

